

# STAMFORD COLLEGIATE



#### stamford.dsbn.org

Main Office: 905-354-7409 (when prompted, hit the department you would like or 0 for the Main Office)

Fax: 905-354-6618

Attendance: 905-354-1065 or email <a href="mailto:Stamford.Attendance@dsbn.org">Stamford.Attendance@dsbn.org</a>

Principal: Mr. N. Sheard Vice Principals: Mrs. K. Ferguson (gr. 11 & 12)

Mr. T. Matic (gr. 9 & 10)

Welcome to the new school year at Stamford Collegiate. Stamford Collegiate is committed to providing opportunities and preparing all students with the knowledge and skills to become productive, accountable and respectful members of society so that they can achieve their goals. We work and play co-operatively and competitively. We give support to one another in all activities and responsibilities. We have a tradition of excellence in the Arts, Athletics and Academics through our curricular and extra-curricular programming. Our staff are kind, caring professionals who work collaboratively to create a safe and inclusive environment to support all students in achieving long term success.

Our Motto: E Luce Scientiae Potestas (Through the Light of Knowledge Comes Power)

Our Colours: Orange and Black

Our Mascot: Hornet

#### INTRODUCTION

The following pages outline policies and guidelines aligned with the Education Act, Ontario Regulations and District School Board of Niagara Policies for specific use at this school. We believe that these policies and regulations will create a positive atmosphere for learning for all.

#### SUCCESS IN SECONDARY SCHOOL

At Stamford Collegiate, we believe that all students are capable of achieving success. Success comes from hard work and the desire to give the best effort you possibly can at all times. As a result, we have developed what we refer to as the:

#### STAMFORD COLLEGIATE FIVE POINT SUCCESS PLAN

1. Plan Your Day: Be on time, prepared to work every day

2. Plan Your Attire: Follow the Stamford Collegiate Dress Code

3. Plan Your Work: Complete all homework / assignments to the highest possible quality

4. Plan Your Attitude: Practice respect for yourself, your peers and school staff

**5. Plan Your Tomorrow:** Commit to your education, your school and your goals



# **EXPECTATIONS OF STUDENTS**

All individuals have the right to

- Be respected as individuals
- Take an active part in a worthwhile educational and academic program
- Learn, teach, and live in a safe and orderly environment
- Be free from physical, verbal harassment and bullying

Every student at Stamford has the right to attend school in an atmosphere that is safe, comfortable and inviting. It is our expectation that all students will act in a fashion that ensures this for our staff, our students and our neighbours.

- All students must attend classes on a regular basis and not be loitering in the halls or on school property.
- Students are not permitted to hang around, skateboard, or loiter at the following properties: Avondale plaza, Burger King, CIBC Bank, McDonalds, Wendys, or the cemetery. Refusal to cooperate will result in consequences ranging from detention to suspension. We have a fabulous working relationship with these businesses and we need to respect their opportunity to serve all customers.
- All teachers, secretaries, custodians and any other employees of the board have the right to intervene and request a student comply with the Stamford Student Expectations at any time.
- Students are to be courteous and considerate in dealings with other students and in use of school property.
- A student must immediately identify him/herself by name to any teacher, secretary, or custodian upon request. Refusal
  to do this will result in consequences ranging from detention to suspension.
- When sent out of class, students are to report directly to the attendance office.
- Students are not to bring babies, guests or pets to school.
- Students are expected to be aware of all activities that affect them by listening to morning announcements, reading
  printed announcements posted in the main hallway, library and Student Service office or by checking the school website.
- A student representing Stamford through membership in a club or team who does not meet the expectations may have his/her eligibility reviewed by school administration. At this point a student will either be placed on an academic probation and/or be removed from the team/club.
- Students who need to be excused occasionally for work, appointments or vacation must ensure that their attendance record is excellent.
- Intimate displays of affection (e.g. kissing in halls) are inappropriate.
- Gambling of any sort is not permitted on school property.
- All aspects of this code also apply to school sponsored activities.
- While in class, cell phones are to be turned off and out of sight unless they are being used for instructional purposes. Parents are asked not to contact their children by cell phone during the school day. Messages for students may be left in the main office and the student will be called down from class at the end of the period. Students who abuse cell phone privilege may be asked to report to the Main Office in order to lock their cell phone in a secure mini-locker. Please refer to the cell phone behaviour contract signed at registration

# **CLASSROOM EXPECTATIONS**

In order to maintain a positive learning environment for all staff and students it is expected that each student shall:

- Have a full-time timetable. Exceptions will only be made for students in their graduating year in good academic standing. There will be no part-time students allowed (fewer than 3 classes per semester).
- Attend all classes and be on time.
- Have all equipment needed for each class on arrival. Be prepared and do your homework.
- Show respect for yourself, others, and the school property.
- Follow the dress code.
- Refrain from playing music from any kind of handheld speakers in classrooms, hallways or the library.
- While in class, cell phones are to be turned off and out of sight unless they are being used for instructional purposes.
- Keep coats and large bags in their locker only.
- Eat all food in the cafeteria only.
- Remain in the class until the end of the period and dismissed by the teacher.

#### **DRESS CODE**

Stamford Secondary School is proud of our students and wants them to be proud of themselves. The school and School Council find that dress affects both behaviour and attitude. The school is the place of business for all students and staff. Therefore, we insist that everyone dresses in a manner appropriate to a productive educational environment. We expect all students while on school property or while representing the school to dress with respect for self and others, and in accordance with time and place.

Students are asked to wear clothing that is clean, neat, and in good taste. The following clothing is deemed <u>inappropriate</u> for a school setting:

- Clothing bearing any language, statement, picture, symbol, action, suggestion, or article that is offensive to race, creed, religion, culture, or sex
- Clothing or items containing symbols or suggestions of alcohol, drugs, smoking, racism, violence, or gangs
- Clothing that exposes midriffs or underwear or any inappropriate amount of skin that is more suitable to a beach than a school.
- Excessively torn or ripped clothing
- Clothing with metal spikes/studs or accessories
- Footwear inappropriate to the subject area
- Hats are permitted in the school but must be removed during the national anthem. It is the teachers' discretion
  whether hats need to be removed in the classroom due to safety (i.e. during science labs)

#### ATTENDANCE POLICY

- 1. Students are required to attend all classes on time. Students should be in class <u>before</u> 8:30 a.m.
- 2. The only acceptable reasons for absenteeism (Excused Absences) and lateness are the following:
  - personal illness
  - family emergency
  - dental and medical appointment
  - religious observance
  - official legal appointments
  - approved school activities

Please note: in all cases, it is the responsibility of the student to make up for missed work. All other absences are Unexcused Absences, which will be marked Truant. Students with multiple truancies will meet with the Vice Principal.

- 3. All students who have not informed the school of a valid reason for their absence must report to the Attendance Secretary before class on the morning of their return to school. Students under the age of 18 must provide a dated note signed by a parent/guardian that explains the absence. Those over the age of 18 must explain their absence to the Attendance Secretary and/or the Vice Principal.
- 4. Parents are asked to call the Attendance Office at (905) 354-1065 or email Stamford. Attendance @dsbn.org if their child will be absent that day. Please call between 7:45 a.m. and 8:15 a.m. If a call cannot be made, please send a brief note outlining the reason for the students' absence upon his/her return.
- 5. Stamford Collegiate uses an automatic home calling phone system 3 times a day (morning, afternoon and in the evening on week nights to advise parents of any unexplained absences for the current day. Parents are asked to confirm or explain absences the following day by calling the Attendance Office.

If a student must leave the school at any time during the day, he/she must report to the Attendance Secretary to sign out. A note or a phone call from a parent/guardian will be required for all students under the age of 18. Failure to do so will result in the student being marked as truant for that period of time.

# **ASSEMBLIES**

Assemblies will be held periodically for the benefit of our students. Appropriate assembly behaviour is expected at all times. Speakers, performers and guests deserve our courtesy and respect. Attendance at these assemblies is mandatory.

# Regular Schedule

# Assemblies & MSIP Wednesday Schedule

PERIOD	TIMES	PERIOD	TIMES
1	8:35 a.m 9:55 a.m.	1	8:35 a.m 9:35 a.m.
2	10:00 a.m 11:15 a.m.	MSIP	9:40 a.m. – 11:40 a.m.
Lunch	11:15 a.m 12:00 p.m.	2	10:45 a.m 11:45 p.m.
3	12:05 p.m 1:20 p.m.	Lunch	11:45 a.m 12:30 p.m.
4	1:25 p.m 2:40 p.m.	3	12:35 p.m 1:35 p.m.
		4	1:40 p.m 2:40 p.m.

#### ASSESSMENT AND EVALUATION

The primary purpose of assessment and evaluation is to improve student learning. Teachers use **assessment** to gather information about students' strengths and needs as learners and to provide feedback to improve student learning. **Evaluation** is used to judge how well students are meeting the curriculum expectations. Marks are assigned during the evaluation process and these are included in a student's report card grade.

Evidence of student achievement for evaluation is collected over time from three different sources – observations, conferences, and student products. Student products could include tests or exams and/or assignments for evaluation. Assignments for evaluation do not include ongoing homework that students complete in order to consolidate their knowledge and skills or to prepare for the next class.

# DETERMINING A REPORT CARD GRADE

Before making a decision about the grade to be entered on the report card, teachers will consider:

- all evidence collected through observations, conversations, and student products;
- equity for all students, by ensuring that test/exams and assignments for evaluation are completed whenever possible, under the supervision of a teacher;
- assignments for evaluation must not include ongoing homework that students do in order to consolidate their knowledge and skills or to prepare for the next class;
- assignments for evaluation may involve group projects as long as each student's work within the group project is evaluated independently and assigned an individual mark, as opposed to a common group mark;
- when appropriate, the impact that missing assignments will have on the student's grade when they fail to submit major assignments; and,
- bonus marks may not be included when determining report card grades.

#### LATE AND MISSED ASSIGNMENTS FOR EVALUATION

Students must understand that they are responsible not only for their behavior in the classroom and the school, but also for providing evidence of their achievement of the curriculum within a time frame specified by the teacher, and in a form approved by the teacher. There will be consequences for not completing assignments for evaluation or for submitting assignments late.

Each teacher will use his/her own professional judgment, including the consideration of specific individual circumstances, when determining if a late penalty will be applied. Before a late penalty is applied a teacher will use strategies to support students to meet their responsibilities including, for example:

- asking the student to clarify the reason for not completing the assignment;
- helping students develop better time-management skills;
- taking into consideration legitimate reasons for missed deadlines;
- providing alternative assignments or tests where, in the teacher's professional judgment, it is appropriate to do so;
- deducting marks for late assignments; or,
- the full value of the assignment may be deducted if the assignment is not submitted.

#### **DEDUCTION OF MARKS**

For major assignments for evaluation, teachers may impose mark deductions for lateness, after considering individual student circumstances.

**For Grades 9 and 10 courses**, a 5% per day deduction up to a maximum of 15% of the assignment may be deducted. For example, if a student earns 80% on a major assignment for evaluation, and it is handed in one day late, the mark on that assignment is 75%.

If the assignment is two days late, the mark becomes a 70%

If the assignment is three days late or more, the mark becomes a 65%.

**For Grades 11 and 12 courses**, a 5% per day deduction up to a maximum of 25% of the assignment may be deducted. For example, if a student earns 80% on a major assignment for evaluation, and it is handed in one day late, the mark on that assignment is 75%.

If the assignment is two days late, the mark becomes a 70%

If the assignment is five days late or more, the mark becomes a 55%.

# ACADEMIC DISHONESTY – CHEATING AND PLAGIARISM

In our schools, we strive to help students develop integrity, a strong work ethic, responsibility and learning skills and work habits needed for success beyond school. Academic dishonesty hinders students from developing these attributes and will not be condoned within our schools.

Cheating is defined as "any effort to defraud, deceive, or elude someone else." Examples may include: taking a test or an examination in a dishonest way through improper access to answers or giving or obtaining assistance without acknowledgement.

Plagiarism is defined as "the use or close imitation of the language and thoughts of another without attribution, in order to represent them as one's own original work". Plagiarism often takes one of the following forms:

- using a quotation or sentence word for word without citing the source;
- using, without acknowledgement of the original source, diagrams, charts, graphics, etc.;
- submitting any work by another person and claiming it as your own.

# **CONSEQUENCES**

Consequences for academic dishonesty may escalate based on the following mitigating factors:

- the grade level of the student and/or course type
- the maturity of the student
- the number or frequency of incidents
- the individual circumstances of the student

Teachers consider the factors above as part of their professional judgment in cases of suspected academic dishonesty. Consequences for cheating and plagiarism are based on the factors outlined above and may include one or more of the following:

- redoing part or all of an assignment
- completing an alternative assignment
- a loss of marks
- a mark of zero; and
- suspension

### **DEMONSTRATION OF LEARNING**

Stamford will be participating in a project to support learning in Grade 9 and 10 Applied Level classrooms. The goal will be focused on students achieving a minimum of 70% in all classes. Students who meet the criteria **may** be eligible to complete the course without writing the final exam and will not be required to come to school the day of the exam. Any student who meets the criteria may choose to write the exam if they wish. The school staff will determine eligibility in the final weeks of the term.

#### Criteria:

- Final course mark for the semester must be a minimum of 70%
- Attendance a maximum of nine days absent, excluding school related activities (please be aware that legitimate absences due to illness/appointments are included as part of the 9 days)
- Assignments all major assignments are completed
- Suspensions no suspensions during the semester

#### **EXAM ATTENDANCE**

- Summative Assessments and final examinations are an important part of the educational process. As such it is the expectation of the school that all students write their exams during the examination schedule as laid out by administration. Many culminating tasks occur throughout the last month of each semester and students should not be absent in January or June.
- 2) A student who is unable to complete a summative test or examination must present a doctors' note to excuse his/her absence. The final mark will be the determination of the teacher in consultation with administration.
- 3) Vacations should not be booked during January or June or during the following exam times.

#### Semester I – Exams

In class performance exams:	Formal exams:
January 14th – 18th, 2019	January 25th – February 1st, 2019

### Semester II - Exams

In class performance exams:	Formal exams:
June 10th – 14th, 2019	June 20th – 26th, 2019
•	June 20th – 26th, 2019



# REPORT CARDS

The staff at Stamford Secondary School feels strongly that parent support and involvement is essential for student success. To facilitate this involvement all students will receive individual class reports at the six week mark each semester. Parent/teacher interviews will follow this report. A formal Ministry of Education Report Card will be sent home following midterm. Additionally, students may receive Credit-at-Risk Reports later in the semester and a Final Term Report.

We strongly encourage parents to monitor their sons or daughters progress and contact the subject teacher should they have any questions or concerns at any time in the semester.

#### REPORT CARD DATES

October 11th, 2018	Semester I - Early Reports - Distributed at Parent/Teacher Interviews
November 15 <sup>th</sup> , 2018	Semester I - Mid Report Cards – Homeroom Distribution
February 14th, 2019	Semester I - Final Report Cards – Homeroom Distribution
March 6 <sup>th</sup> , 2019	Semester II - Early Reports- Distributed at Parent/Teacher Interviews
April 25 <sup>th</sup> , 2019	Semester II - Mid Report Cards – Homeroom Distribution
July 5 <sup>th</sup> , 2019	Semester II - Final Report Cards – Mailed Home

Parents are encouraged to contact the school at (905-354-7409) at their earliest convenience if they have any questions or concerns about their child's progress or marks.

#### PARENT/TEACHER INTERVIEW NIGHT (4:00 P.M. - 6:00 P.M.)

Semester 1 - Thursday, October 11th, 2018 Semester 2 - Wednesday, March 6th, 2019

Report cards and transcripts in grades 11 and 12 will reflect all courses in which students are enrolled, including those which students officially drop after five days after the midterm date.

# STUDENT SUCCESS/HIGH SCHOOL HELP AND SUPPORT

#### STUDENT SERVICES

Provides support with academic, career and personal development of all students. Guidance Counsellors will assist you with course selections that will meet your interests and academic goals throughout high school.

#### STUDENT SUCCESS TEACHERS

Student Success is about helping all students achieve their potential. Every one of our high schools has a Student Success Teacher who is able to work with students who need extra support or alternatives to a regular classroom setting.

#### • SPECIAL EDUCATION RESOURCE TEACHER

Each school has a Special Education Resource Teacher who can help with the academic planning for students with an Individual Education Plan. Classroom Teachers work with the SERT to provide accommodation and support for students.

#### YOUTH COUNSELLOR

Each high school has a Youth Counsellor that you can talk to if you are having difficulties adjusting to your new environment or facing challenges at home or at school. Make sure to reach out to someone if you are anxious and need to talk.

# SOCIAL WORKER

Students have the opportunity to be referred to the school social worker when they are struggling with their mental health and require additional support. The school social worker can provide counseling, prepare students for treatment and assist with referrals to community support. The social worker and youth counselor work together to support students' mental health and well-being.

#### LIBRARY SERVICES

Library Services provide students with print, computer and electronic resources for support with your academic work. There is a librarian available to help you find the right information for projects or assignments.

#### FIRE DRILLS - EMERGENCY PROCEDURES

Make yourself aware of the **primary** and **alternate** exits from each instructional area. At the time of an alarm, **everyone** is requested to follow these instructions:

- 1. All staff and students **must** leave the building.
- 2. All windows and doors are to be closed and lights turned off.
- 3. Staff and students are to proceed to the correct exit as quickly as possible.
- 4. Staff and students are to move away from the building.

#### **LOCKDOWN PROCEDURES**

Lockdown Procedures allow us to react in a predictable manner for the safety of students in often unpredictable situations. Proactive preparation is the desired goal in creating a lockdown procedure. Stamford has individualized the procedure for our school and its unique features, and teachers will inform students of lockdown procedure several times throughout the school year.

# LIBRARY (Learning Resource Centre)

The Resource Centre (Library) is coordinated by a library technician whose objective is to teach students how to use all types of resources (books, journals, internet, etc.) effectively. The library is open to all students before school, after school and during the lunch hour. Students who have a spare are to use the library as a quiet place to work on assignments or study.

# **LOCKERS and PERSONAL BELONGINGS**

Each student will be assigned a locker. A Dudley combination lock must be used. All lock combinations must be registered in the office. All lockers remain the property of the District School Board of Niagara. School administration is authorized to search lockers if it has any reason to suspect that it contains stolen or illicit items. **STUDENTS ARE NOT TO SHARE LOCKERS!** 

**DO NOT BRING VALUABLE ITEMS TO SCHOOL**. Students should leave valuables at home at all times. **Students cannot be reimbursed for goods taken from change rooms, classrooms or lockers.** The District School Board of Niagara insurance policy does NOT cover the cost of items damaged, lost or stolen at school. If there is some extenuating reason why a student must bring an item of value to school, he/she should take it to the main office for safe-keeping.

Though attempts are made to keep the change room doors locked during class time, **CHANGE ROOMS ARE NOT SECURE AREAS**. The school is **NOT** responsible for items lost or stolen from change rooms. Stamford Secondary School and the District School Board of Niagara cannot assume responsibility for personal belongings of staff or students at any time.

#### LOST AND FOUND

Lost items should be reported to the main office. Found items may be identified in the main office.

# **LUNCH PERIOD**

ALL FOOD AND DRINKS ARE TO BE CONSUMED IN THE CAFETERIA OR OTHER AREAS DESIGNATED BY SCHOOL STAFF

# **PARKING**

Student parking is limited to the back parking lot. Other parking spaces are assigned to staff and visitors.

# SAFE SCHOOL POLICY

As a parent, your child's safety and well-being is important to you. At the DSBN, we firmly believe that a safe learning environment is essential for students to succeed.

In June 2007, the provincial government passed Bill 212, the *Education Amendment Act, (Progressive Discipline and School Safety)*. Its provisions took effect on February 1, 2008. The boards Policy Advisory Committee reviewed existing policies, and either maintained, revised or replaced them.

To fulfill the obligations of the Act, and further its commitment to student success, the District School Board of Niagara has also launched the R.I.S.E. (Reducing Incidences of Suspensions and Expulsions) program. R.I.S.E. provides educational structure and supervision to youth that are suspended or expelled from DSBN schools, ensuring that they have the opportunity to continue their education.

The following are highlights of the policies and practices required by the legislation, several of which are already DSBN policy:

- Bullying is a behaviour for which students can be suspended.
- Students who are suspended or expelled will have the opportunity to continue learning.
- Homework packages will be made available to students who are suspended for five days or fewer, ensuring they don=t fall behind their peers.
- Students suspended for a period of six or more days are eligible to enter the R.I.S.E. program and/or continue to receive homework packages.
- Parents meet with the Principal and school staff to complete an Action Plan to ensure the students success.
- Activities that negatively impact the school environment, such as inappropriate online behaviour, including cyber-bullying, may result in suspension or expulsion. A student may face discipline even if the inappropriate behaviour does not occur on school grounds, school sanctioned trips, or during school hours.
- Expulsions are determined by the Boards Discipline Committee. Individual Principals will no longer be able to expel students.
- A progressive discipline approach will be taken when determining consequences for inappropriate behaviour.

# Drug and Alcohol use and distribution will not be tolerated

# **CANINE SEARCHES**

In common with the other schools in Niagara, and as part of our Safe School Policy, searches may be carried out by school authorities, or by the Niagara Regional Police, including the Canine Unit, at the direction of school authorities when there are reasonable grounds to suspect a breach of a school rule.

The Principal has the authority under the *Ontario Education Act* to conduct searches which are reasonably related to the maintenance of order and discipline in the school. The Principal may invite the Niagara Regional Police, including the Canine Unit, to accompany and assist in conducting a search that may reveal evidence of the breach of a school rule. The search may be conducted by the Principal, Vice-Principal, or designated teaching staff. Charges may be laid by the Niagara Regional Police as a result of these searches and students may be disciplined in accordance with the *Education Act*. Any drugs or drug paraphernalia that are found as a result of these searches are turned over to the Niagara Regional Police for further investigation and/or disposal. We appreciate the support of our parents/guardians and School Council in our efforts to maintain a safe school environment

Please contact an administrator at the school by calling 905-354-7409 if you have any questions regarding the DSBN Safe Schools policies.

#### STUDENT CARDS

It is imperative that all students attend photo day in order to have their photo taken for their student cards. This years Photo Day is schedule for **Tuesday**, **September 11**<sup>th</sup>, **2018**. For those students who are absent on Photo Day, retakes will take place on Tuesday, October 23<sup>rd</sup>. These are the only opportunities for students to have their photo taken and receive their student card.

# SCHOOL DANCE REGULATIONS

- All Stamford students must bring their student cards to all dances.
- Students are expected to behave in a responsible fashion (consistent with school regulations) which will allow for the enjoyment of all who attend our dances.
- Sign-ins for the dance must be done 2 days prior to the dance, with the Vice Principal's approval. (One student with a student card = one guest.) A guest pass will be issued which must be presented by the guest along with school identification.
- Dances run from 7:00p.m. 10:00p.m. or 6:30p.m. 9:30p.m. There is a "No re-entry policy" once a student leaves
  the dance he/she is not allowed to re-enter. No admissions to the dance will be allowed after 8:00p.m. unless a late
  pass has been issued by the Vice Principal
- All jackets, coats are to be checked. Students will not be allowed to bring bags into the gym. Students should ensure that all valuables are left home.
- There will be no access to lockers.
- Students must attend all classes the day of a dance or will not be permitted to enter the dance.



Consistent with the Tobacco Control Act, the policy of Stamford Collegiate is to prohibit smoking and use of e-cigarettes anywhere in the school or on school property, by anyone, at any time. This policy also applies to field trips by staff and students and anyone using the school bus systems.

- The only acceptable place to smoke or use of e-cigarettes is on Leonard Avenue behind the school, completely off
- school property (cannot smoke anywhere on parking lot).
- Fines and/or suspensions will be issued to students who do not abide by this policy
- The front of the school is out of bounds at all times to smokers

# STUDY PERIODS

Study Periods are only granted to senior students in good academic standing. When on a study period, students are either to be in the library or cafeteria NOT in the halls.

#### **TEXTBOOKS**

Subject textbooks are provided for students by the District School Board of Niagara on a loan basis.

Students who lose textbooks, library books, or return books in damaged condition will be responsible for the
replacement value of the book.

# **VISITORS**

As per Board of Education policy, ALL visitors are to report to the main office upon entering the school.

# SCHOOL LETTER

Co-curricular and extra-curricular student participation will be recognized by a School Letter Award upon reaching the required point total of 80.



# **SCHOOL LETTER CRITERIA**

CLUB & COMMITTEES	ATHLETIC	ACADEMIC
3 - Band 2 - Graphic O Red Maple/White Pine Book Club 3 - Chess 3 - Choir 3 - Cappies Critics 5 - Drama Productions 3 - Drama Club or Dance team 3 - Eco Freaks Club 2 - Interact Club 2 - Hairstyling & Aesthetics Competition 2 - Link Crew 1 - Math Contest Diploma 1 - Math Club Gold Medal 3 - Math Club Tutor 2 - Programming Contest 2 - Prom Committee 3 - Reach for the Top 3 - SHSM Program 2 - Skills Canada Competition Participant 3 - Skills Canada - Top Three Finish 2 - Speak Up Grant Committee (FNMI) 1 - Student Ambassador 6 - Student Council Prime Minister 4 - Student Council Member 3 - Tech Theatre 2 - Waterloo Math Contest 2 - Writing Contest Winner 3 - Yearbook Committee	3 - Badminton 3 - Baseball 5 - Basketball 4 - Cheerleading 3 - Cross Country 5 - Football 1 - Golf 5 - Rugby 4 - Soccer 5 - Swimming 1 - Tennis 4 - Track & Field 5 - Volleyball 5 - Wrestling 1 - Girls Lob Ball 1 - Fitness Centre Member 1 - Score Keeper / Timer  EXTRA POINTS 2 - Winning Zone 3 - Winning SOSSA 4 - Winning All-Ontario 2 - Team Official/Manager INTRAMURALS  1 - Ball Hockey / Ice Hockey	Grade 9 / 10 (60% - 69%) 2 (70% - 79%) 8 (80% - 100%) 14  Grade 11 / 12 (55% - 64%) 2 (65% - 74%) 8 (75% - 100%) 14  SCHOOL PIN  The Stamford School Pin is awarded to graduating students who achieve Principals Honour Roll status.

# **COMMUNITY SERVICES**

A Public Health Nurse is available (at your school on a weekly basis) to help you if you have a health concern, need advice or have trouble understanding how to properly take any medications.

# **IMPORTANT NUMBERS**

Emergency	911
Niagara Regional Police Services	905-688-4111
Distress Centre Inc St. Catharines	905-688-3711
Niagara Region Sexual Assault Centre - CARSA - Call Collect	905-682-7164
Rapid Response Team	1-800-263-4944
Parent Reach	905-384-9144

# HEALTH INFORMATION

COUNSELING ASSISTA	NCE	INFORMATION ABOL	JT LEGAL MATTERS
Alateen (Alcoholics Anonymous) Bereavement Support Line Addiction Research Foundation (ARF)	905-641-0590 905-680-6400 905-685-1361	Legal Information Clinic: Niagara Falls 905-356-4636 St. Catharines 905-682-6635	
Family & Childrens Service: Niagara Falls St. Catharines 905-356-1391 905-937-7731		Community Legal Services: Fort Erie Welland / Port Colborne	905-382-2536 905-735-1559
Information Niagara 905	-356-4636	Parent Reach	905-384-9144

# **RESOURCES for TEENS**

# **RESOURCES FOR PARENTS**

It's easy to get in over your head, we're here to help

to easy to get in over year measu, no to more to mele	
NeedHelpNow.ca	Protectkidsonline.ca
Dontgetsextorted.ca	Zoeandmolly.ca
Cybertip.ca	Canadian Centre for Child Protection
Niagarapolice.ca/onlinesafety	

